

POST SUMMIT REPORT

Rotary Bangalore Global Yoga



Global Yoga Summit 2024

3rd Edition

Arogya Expo | Experience Yogic Delight



Supported Partners

Inauguration Ceremony on 14 December 2024 : Day 1

Vedic Ceremonial Opening, Ashirwada / Deeparadnane



Vedic Opening Kalasa Pooja & Vedic Chanting

Grand Opening Pooja
Parama Poojya Shri Siddharoodha
Swamiji, Hubballi

Samoochika Agnihotra, An Advancement of Ancient Wisdom



It is a yogic practice rooted in the ancient Vedic tradition, specifically focusing on purifying the environment and enhancing productivity

Vedic Chanting



Chanting of Vishnu Sahasranama 108+
Global Vishnusahasranama Foundation



Chanting of Lalitha Sahasranama 108+
Omkara Ashrama Mahasamsthana

Heartfulness Meditation Session

Dr. Aneesh Vidhyashankar, Mysuru



Dr. Veronique Nicolai, France.
Director Heartfulness Yoga Academy
Heartfulness Meditation



International Walking Violinist

Inaugural Ceremony : Day 1



Inaugural Plenary Session



Padmashri
Sri. Agus Indra Udayana
Founder Chairman - Ashram
Gandhi Puri, Bali, Indonesia



Dr. G. N. Srikantaiah - IFS (Retd.)
Former Director
Dep. of AYUSH,
Govt. of Karnataka



Dr. Yogini Kaliji (Kali Ray)
USA



Sri. Sri. Dr. Swami
Hariharananda
Haridwar



Rtn. Mahadeva Prasad N.S.
District Governor - RID 3192
2024-25



Rtn. Sathish Madhavan
District Governor - RID 3191
2024-25



Master Vishwa
Vietnam



Sri. Yogi Dino Hira
Hong Kong



Dr. Prakash Luchun
Mauritius



Acharya Swami Dr. Nilamegame
Reunion - France



Rtn. Viraat Thammanna
Canada



Dr. Prem Shah
Dr. Bholanath Yogi
Nepal

Yoga Teachers, Yoga Gurus and Vedic Masters from 50+ Countries at the Global Yoga Summit 2024



USA



UK



MALAYSIA



DENMARK



JAPAN



GERMANY



NEPAL



SRI LANKA



RUSSIA



BAHRAIN



CANADA



BELIZE



SWITZERLAND



NETHERLANDS



BELGIUM



CAMBODIA



DOMINICA



NORWAY



FRANCE



INDIA



AUSTRALIA



GHANA



MUSCAT



HOLLAND



HONG KONG



VIETNAM



UAE



ISRAEL



NEW ZEALAND



REUNION



TIMOR LESTE



MALAWI



CHINA



SINGAPORE



THAILAND



MALDIVES



POLAND



CAYMAN ISLANDS



SEYCHELLES



TRINIDAD & TOBAGO



GUYANA



CZECH REPUBLIC



GRAND DUCHY OF
LUXEMBOURG



SAUDI ARABIA



BENIN



FINLAND



MONACO



PERU



ESTONIA



INDONESIA

Speakers Sessions & Performances : Day 1

Keynote Speaker



Dr. Ishwar V Basavaraddi
Former Director - MDNIY
Ministry of AYUSH Govt of India, New Delhi.
Self Care



Rtn. Dr. Vishwanath Guruji
Mind Coach,
Past Life Regression Therapist (PLRT)
Spiritual Solutions Centre, Bengaluru
Manoyoga and Self Care



Dr. Amit Kumar C Jain
Diabetic Foot Surgeon
I love You... But I Hate You..!



Dr. Rajashekara Reddy P
Neurosurgeon,
Vice Chancellor, Yoga University of
The Americas, Florida, USA
**Science of Yoga - Practicals on
Pranayama Techniques**



Dr. S. Andal Bhaskar
M.D., D.G.O.
(Gynaecologist & Chief Medical Officer)
Nellore, Andhra Pradesh
Yoga for Self & Social Harmacy



Dr. M. K. Nagaraja Rao
International Yoga Acharya
Pro Vice Chancellor & Chairman,
Academic Council
Yoga University of The Americas,
Florida, USA



Yogacharya Dr. S S Hiremath
Principal Shivanand Yoga College, Gadag
12 District Zonal Head GYS 2024
Yoga - Practicals



Dr. Sapna Sharma Priyadarshi
Spiritual Yoga & Wellness Coach, Author,
Corporate Speaker, NLP Trainer & Reiki Master



Dr. Lakshminarayan Joshi
Head, Dept. of Yogic Science,
Uttarakhand Sanskrit University, Haridwar
Importance of Nadi Shastra in Self Care

Global Yoga Summit Core Team



Speakers Sessions & Performances : Day 2



Dr. Rajendra Damodara Yenkanamole

International Yoga Guru & Founder, Vasudeva Kriya Yoga, Mount Waverley, Australia.

Geeta Jayanthi Utsav



Chanting of Bhagavad Gita By Children



Sri. Sri. Dr. Palakkal Nagaraj

Indian Cosmic Scientist and Leadership Advisor

Social Harmony



Sri. Rudraradhya

Yoga Guru, Social Activist, Motivational Speaker, Shivamogga.

Yoga for Self & Social Harmony



Sri. Yogathma Sri Hari

Yoga Guru, Social Activist, Motivational Speaker, Mysuru.

Social Harmony



Dr. Dakshina Murthy

Holistic Health Consultant

Yoga for Self Care through Acupressure



Yogi Thomas De Greeve

Belgium

Yoga for Self Care



Dr. Piyush Goel

Founder - Trinetra Yoga (SE Asia)
Grandmaster - Hatha / Ashtanga Yoga
Intl HO : Colombo / Bangalore

Social Harmony

Ayurveda Panel Discussion

Decolonizing Ayurveda - Current Problem and Measures required to reestablish Ayurveda in the Country



Dr. Rahul Diwan
Founder Sangam Talks,
New Delhi
Moderator

Dr. Ramkumar
Ayurveda Expert

Dr. T. S. Krishna Kumar
Ayurveda Expert

Dr. T. G. Vinod Kumar
Ayurveda Expert

Panel Discussion by Consulates

International Approach to Yoga and Social Harmony



Hon'ble
Mr. Vikram Viswanath
Honorary Consulate of Peru

Hon'ble
Mr. Karthik Tallam
Honorary Consulate of the
Kingdom of Cambodia Aura

Hon'ble
Mr. K. P Balasubramaniam
Honorary Consul for the
Republic of Latvia

Hon'ble
Mr. Pravin Kumar Goenka
Honorary Consul for the Estonia

Hon'ble
Mr. Pushpak Prakash
Honorary Consulate of the
Czech Republic

Hon'ble
Rtn. B. L. Nagendra Prasad
Managing Director,
Sky Top Builders Pvt. Ltd.
Chairman, Global Yoga Summit 2023
Moderator

Panel Discussion by Vice Chancellors

Yoga for Self and Social Empowerment in Higher Education



Sri. Lakshmikanth HM
Chairman,
Srishti International, Bangalore
Chairman, Governing Council,
Yoga University of The Americas, Florida, USA
Moderator

Dr. K. Ravi Acharya
Hon. Vice-Chancellor
Myles Leadership University,
Ghana West Africa

Prof. C. M. Thyagaraja
Hon. Vice-Chancellor
Rani Channamma University,
Belagavi.

Prof. M. R. Gangadhar
Hon. Vice Chancellor
Chamarajanagara
University

Dr. Rajashekara Reddy P
Neurosurgeon,
Vice Chancellor, Yoga University of The Americas, Florida, USA

Panel Discussion by International Experts

Yoga a Philanthropic Science Leading to Social Harmony



Yogini Wendy Manders

Yoga Teacher, Shala Yoga
Sucasa / Practitioner,
Netherlands

Yogini Sussane Starsburger

Yoga Teacher,
Germany

Ms. Emmanuelle

Life Coach and
Ayurveda Practitioner,
France

Dr. M. K. Nagaraja Rao

International Yoga Acharya
Pro Vice Chancellor & Chairman,
Academic Council
Yoga University of The Americas,
Florida, USA

Moderator

Dr. Dakshina Murthy

Holistic Health Consultant
Swami Vivekananda Yoga
Research and Holistic Health
Trust

Panel Discussion by Acharyas

Yoga Philosophy for Self Care and Social Harmony



Dr. M. K. Sridhar

Prof. Swami Vivekananda
Yoga Anusandhana
Samsthana (SVYASA)
University

**Swamy Sri.
Akhandananda**

Rishikesh

**Sri. Sri. Dr. Swami
Hariharananda**

Haridwar

Dr. M. K. Nagaraja Rao

International Yoga Acharya
Pro Vice Chancellor & Chairman,
Academic Council
Yoga University of The Americas, Florida, USA

Volunteers Transport Team



Panel Discussion

Yoga for Self - Women Empowerment



Smt. Rekha K Govind
Secretary
Karthik Foundation, Bangalore
Moderator

Smt. Meenakshi Seshadri Krishna Byregowda
Senior Consultant
CJI information System Ltd.,

Dr. Jessica
West Michigan University,
USA

Dr. Tejaswini Ananth Kumar
Chairperson, Adamyachetana.
Chairperson, BoG Indian IEST

Mrs. Vijayalakshmi
Traditional Dancer

Dr. Vijaya lakshmi Paramesh
Founder,
Bangalore Diabetes Center BDC

Dr. Savitha Ramaraja
Asst. Prof. Yoga University of
The Americas,
Consultant Garbha Sanskar Yoga

Panel Discussion by Acharyas

Nourish Global Peace - International Vegetarian Union (IVU)



Dr. C. V. Jayanthi
MBA(IB)., M.Sc(Yoga).,
Ph.D(Yoga).

Dr. C K Ashok Kumar
Founder Chairman,
First World Community

Mrs. Sandhya Prakash
Founder,
Nature Nourish Tribe
Moderator

Dr. V Pasupathy
National Resource Person,
Food Safety Scientist

Closing Ceremony



Cultural Program and Yoga Demo : Day 1 & 2



Cultural / Awards / Flag Exchange : Day 1 & 2



Global Yoga Records - To Create, Set and Break any Yoga Records individually and Group



Harsha Group of Institutions

Nelamangala, Bangalore, Karnataka, India.

Global Yoga Record is set by Harsha Group of Institutions performing "**Suryanamaskara Mudra**" uninterrupted for 15 minutes 30 seconds by 953 Students on 30 November 2024 at Nelamangala, Bangalore, Karnataka, India.



Sumukha Yoga Kendra

KR Nagar, Mysuru, Karnataka, India.

Global Yoga Record is set by Sumukha Yoga Kendra performing "**Sarala Hanumasana Prakara - 1**" uninterrupted for 04 minutes 18 seconds by 1448 Students on 09 November 2024 at Sri Krishnarajendra Ground, Krishnarajanagara, Mysuru, Karnataka, India.

Rotary Flag Exchange



Paper Presentation Team

Launching of Souvenir



Volunteers Team



Glimpses of the Summit



Arogya Expo 2024



GLOBAL YOGA SUMMIT 2024

Post Summit Report

Global Yoga Summit 2024 Inaugurated at Dr. Babu Rajendra Prasad International Convention Center, G.K.V.K. Bangalore on 14 and 15th December 2024

Organized By : Rotary Bangalore Global Yoga in association with Swami Vivekananda Yoga Research and Holistic Health Trust

(Accredited to Yoga Certification Board, Ministry of AYUSH, Govt of India)

Event Supported by Ministry of AYUSH, Govt of India

Theme : Yoga for Self and Social Harmony (Empowering Life)

Rotary Bangalore Global Yoga Club in association with Swami Vivekananda Yoga Research and Holistic Health Trust & Yoga University of the Americas, Miami, Florida, inaugurated the two-day Global Yoga Summit (GYS) 2024 at Dr. Babu Rajendra Prasad International Convention Center, G. K. V. K Bengaluru. The theme for GYS this year is "Yoga for Self and Social Harmony." Over 60+ National and International Doctors, Yoga Gurus from across the world, Vedic Experts, Academicians and Yoga enthusiasts from across 53 countries have participated in the Global Yoga Summit this year.

The two-day interactive session of the summit provided a global platform to all the yoga aspirants, Naturopathy and AYUSH Experts have come together to share their views and experience with the community for the betterment of the society at large. The summit also saw many interesting technical and experiential sessions on Yoga and Holistic health. Many international yoga researchers and scholars from USA, UK, Germany, Srilanka, Dubai, Australia, Netherlands, France, Belgium, Hong Kong, Canada, Reunion, Russia, Malaysia, Indonesia, Nepal etc. presented their research findings before the audience.

The 3rd edition of Global Yoga Summit was inaugurated on 14th December 2024 by Honorable Governor of Meghalaya His Excellency Sri. C.H. Vijay Shankar Ji.

No of Delegates and Participants	4318
No of Countries Participated	53
No of Foreign Delegates	234
No of Stalls	54
No of States Participated	9
No of Patients in free Yoga Therapies	1280

The Global Yoga Summit 2024 began with a Vedic Shastra and Samoohika Agnihotra earlier during the day followed by Vedic chanting and talks on Yoga for Self and Social Harmony (Empowering Life), Veda and Upanishads.

The inauguration of the Yoga Summit was led by His Excellency Sri. C. H. Vijayashankar - Governor of Meghalaya, Jagadguru Sri. Sri. Niranjanananda puri Mahaswamiji, Kanaka Gurupeeta Kaginele. Dr. Sri. Sri. Trinetra Mahanta Shivayogi Swamiji - President, Chandravana Ashrama, Avadhotha Sri. Vinay Guruji, Gowrigadde, Dr. Aralumallige Parthasarathi Guruji , Vedic scholar and Dasa Sahithya expert, Chancellor Yoga University of the Americas, Dr. Yogi Devaraj Charter President - Rotary Bangalore Global Yoga, Sri. Sri. Sowmyanatha Swamiji, Adhichunchanagiri Mutt, Vijayanagar. PDG, Rtn. B.L. Nagendra Prasad, the Past District Governor for Rotary District 3190 and Chairman of Global Yoga Summit and Dr. Lakshmikanth H. M - Chairman, Srishti International Bangalore.

IN PRESENCE OF

Padmashri Sri. Agus Indra Udayana Founder Chairman Ashram Gandhi Puri, Bali, Indonesia

Nadoja Dr. Wooday P. Krishna Indian educationist, Social Activist. Hon. General Secretary of Seshadripuram Institutions, Dr. Ishwar V Basavaraddi Former Director MDNIY Ministry of AYUSH Govt of India New Delhi, Dr. G. N. Srikantalah IFS (Retd.) Former Director, Dep. of AYUSH Govt. of Karnataka, Dr. CK Ashok Kumar Chairman, First World Community, Dr. Rajashekhar Reddy P, Neurosurgeon, Vice Chancellor, Yoga University of the Americas, Dr M.K Nagaraja Rao International Yoga Acharya Pro Vice Chancellor & Chairman, Academic Council YUVA. Rtn. Dr. Preetham Dev, President, RBGY 2024-25.

Important Associated Events

1. International Speaker Sessions

- 53 country status report.
- Panel discussions 7.

2. Consulate Generals panel discussion - Theme: International approach to Yoga and Social Harmony.

- 5 Consulate Generals of different Countries like **Peru, Cambodia, Latvia, Estonia** and **Czech Republic**

3. Panel discussions by Vice Chancellors from different University.

Theme: Yoga for Self and Social Empowerment in Higher Education

Prof. C. M. Thyagaraja Hon. Vice-Chancellor Rani Channamma University, Belagavi.

Prof. M. R. Gangadhar Hon. Vice Chancellor - Chamarajanagara University

Dr. K. Ravi Acharya Hon. Vice-Chancellor Myles Leadership University, Ghana West Africa

Dr. Rajashekara Reddy P, Neurosurgeon, Vice Chancellor, Yoga University of The Americas.

Sri. Lakshmikanth HM- Chairman, Srishti International, Bangalore Chairman, Governing Council, Yoga University of The Americas. **Moderator**

Panel Discussion by International Experts on Yoga a Philanthropic science by

Yogini Wendy Manders - Yoga Teacher Shala Yoga – Sucasa Practitioner, Netherlands

Yogini Sussane Starsburger - Yoga Teacher, Germany

Ms. Emmanuelle from France - A life coach and Ayurveda practitioner

Dr. M. K. Nagaraja Rao - International Yoga Acharya, Pro Vice Chancellor & Chairman, Academic Council Yoga University of The Americas.

Dr. Dakshina Murthy - Holistic Health Consultant, Swami Vivekananda Yoga Research and Holistic Health Trust.

Panel Discussion with Women Achievers on Yoga and women empowerment.

- Dr. Tejaswini Ananth Kumar - Chairperson, Adamyachetana - Chairperson, BoG Indian IEST
- Smt. Meenakshi Seshadri Krishna Byregowda Senior Consultant CJI information System Ltd.,
- Mrs. Vijayalakshmi, Traditional Dancer
- Dr. Vijaya Lakshmi Paramesh Founder, Bangalore Diabetes Center BDC
- Dr. Jessica - West Michigan University, USA
- Dr. Savitha Ramaraja - Asst Prof. Garbha Sanskar Consultant, Yoga University of The Americas.
- Smt. Rekha K Govind - Secretary Karthik Foundation, Bangalore. **Moderator**

Panel Discussion Nourish Global Peace by First world Community Members.

- Dr. C K Ashok Kumar Founder Chairman, First World Community
- Mrs. Sandhya Prakash Founder, Nature Nourish Tribe. **Moderator**
- Dr. V Pasupathy National Resource Person, Food Safety Scientist
- Dr. C. V. Jayanthi MBA(IB), M.Sc(Yoga).. Ph.D (Yoga)

Panel Discussion on Yoga Philosophy for Self Care and Social Harmony by Yoga Acharyas, Vidvans.

Dr. M. K. Sridhar - Prof. Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA) University, Bangalore. Swamy Sri. Akhandananda - Rishikesh, Sri. Sri. Dr. Swami Hariharananda - Haridwar, Dr. M. K. Nagaraja Rao - International Yoga Acharya, Pro Vice Chancellor & Chairman, Academic Council, Yoga University of the Americas.

- Cultural events were organized in evening 14th and 15th December 2024
- Science of Yoga (SOY) Therapy session on both days by Dr. Rajashekara Reddy, NeuroSurgeon.

Paper Presentation – Presenting the papers on the Theme of Yoga for Self and Social Harmony around 42 AYUSH Students, Practitioners, Teachers participated.

It was also noted that many yoga enthusiasts had the opportunity to perform the ASANAS, Dance and other Programs on the stage.

With Yoga awareness to all, as the vision of the summit, it was noted that the platform was created, for their presentations and propagation.

We thank all the organizing committees, advisors, donors, knowledge partners, supporting sponsor who supported directly or Indirectly and Volunteers for making the Global Yoga Summit 2024 successful.

Over all, the Global Yoga Summit 2024 was a place to taste the Holistic approach, cultural exchange towards yoga and its application into every one's life.

Thanking You

Rtn. Yogi Devaraj

President- Global Yoga Summit 2024
Charter President - Rotary Bangalore Global Yoga

Rtn. B.L. Nagendra Prasad

Chairman - Global Yoga Summit 2024
Past District Governor RID 3190

